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HOW TO GET IN TOUCH WITH A.A.

In the United States and Canada, most towns and cities have A.A. groups. In such places, A.A. can be located through the local telephone directory, newspaper office, or police station, or by contacting local priests or ministers. In large cities, groups often maintain local offices where alcoholics or their families may arrange for interviews or hospitalization. These so-called intergroup associations are found under the listing "A.A." or "Alcoholics Anonymous" in telephone directories.

At New York, USA, Alcoholics Anonymous maintains its international service center. The General Service Board of A.A. (the trustees) administers A.A.'s General Service Office, A.A. World Services, Inc., and our monthly magazine, the A.A. Grapevine.

If you cannot find A.A. in your locality, visit our website: www.aa.org; or a letter addressed to Alcoholics Anonymous, Box 459, Grand Central Station, New York, NY 10163, USA, will receive a prompt reply from this world center, referring you to the nearest A.A. group. If there is none nearby, you will be invited to carry on a correspondence which will do much to insure your sobriety no matter how isolated you are.

Should you be the relative or friend of an alcoholic who shows no immediate interest in A.A., it is suggested that you write the Al-Anon Family Groups, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617, USA. Website: www.al-anon.org.

This is a world clearinghouse for the Al-Anon Family Groups, composed largely of the wives, husbands and friends of A.A. members. This headquarters will give the location of the nearest family group and will, if you wish, correspond with you about your special problems.