## HOTEL RESERVATION INFORMATION

### 2019 WEST CENTRAL Regional Forum

**August 16-18, 2019**

**Canad Inns Destination Centre**
Grand Forks, ND 58201

(701) 772-8404/(888) 332-2623

Rate cutoff date: July 16, 2019

**Hotel Reservations** can be made by phone: (701) 772-8404 or (888) 332-2623 no later than July 16, 2019.

**Room rates:**

- King or queen bed, $139.00 plus tax.

  **For special room rate use hotel group code: 427139**

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**2019 West Central Regional Forum**

**Registration opens Wednesday, June 12, 2019**

To receive email notification when registration is open:

- Go to [aa.org](http://aa.org) and click on **Regional Forums Information**, then **Hotel Details and more**, and fill out the form; or
- Contact Maria Morales-Lamm at moralesm@aa.org or
- Fill out the below and mail to G.S.O. to arrive by June 7, 2019.

General Service Office, P.O. Box 459
Grand Central Station, NY, NY 10163

Attn: Maria Morales-Lamm

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<th>Name ___________________________</th>
<th>Email ___________________________</th>
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*Information provided is confidential and will only be used for this Regional Forum*

For ASL Interpretation please contact G.S.O.: regionalforums@aa.org.

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**Sample SCHEDULE of Events**

**FRIDAY**

- 12:00 - close: Registration
- 6:30-6:45 pm: First-Timer Welcome
- 7:00-8:30 pm: Opening Session
- 8:30-8:45 pm: Break
- 8:45-9:15 pm: Video
- 9:15-10:00 pm: General Sharing

**SATURDAY**

- 9:00am - close: Registration
- 9:00-10:00 am: AA Grapevine
- 10:00-10:15 am: Break
- 10:15-11:00 am: General Sharing
- 11:00-12:00 pm: Delegates’ Presentations
- 12:00-1:30 pm: Lunch*
- 1:30-2:30 pm: G.S.O. Presentations

**SATURDAY (Continued)**

- 2:30-3:15 pm: Ask-It Basket
- 3:15-3:30 pm: Break
- 3:30-4:00 pm: Finance Presentation
- 4:00-5:00 pm: General Sharing
- 5:00-7:00 pm: Dinner*
- 7:00-8:15 pm: Workshops
- 8:15-8:30 pm: Break
- 8:30-9:45 pm: Workshops

**SUNDAY**

- 9:00 - 10:00 am: General Sharing
- 10:00-10:30 am: First Timer Sharing
- 10:30-10:45 am: Break
- 10:45-11:30 am: Past Trustees’ Sharing
- 11:30-Noon: Closing Remarks

* Meals are on your own

**REGISTRATION Information**

There is no charge to attend Regional Forums. Please pre-register to support GSO with event preparation. You can always register on-site. To pre-register online, go to [www.aa.org](http://www.aa.org). All who register will receive a Final Forum Report.