

AA GRAPEVINE, Inc.

NEW BOOK COMING SEPTEMBER 2022



Sobriedad emocional: Más allá del horizonte features powerful stories by sober members of Alcoholics Anonymous describing the positive transformations sobriety can bring as they practice the principles of AA in all aspects of their lives. The rewards of emotional sobriety are serenity, emotional balance and an increased joy for living. Translated into Spanish from the pages of Grapevine, the International Journal of AA, the stories illustrate how alcoholics in recovery work the AA program, learn to let go of fear, practice outgoing love and become more connected to their Higher Power, family and fellows. One of AA Grapevine's most popular books, now available in Spanish.

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