

## Accessibilities Checklist for Meetings and Groups

*How accessible is your meeting? This document provides various suggestions for meeting spaces to expand access. In very rare cases will all boxes be checked, but we hope your group feels encouraged to check as many boxes as possible so that more alcoholics – regardless of their individual needs – can fully participate in A.A. meetings and service opportunities.*

*And remember, **progress**, not **perfection**.*

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### PARKING

- ☐ Are accessible parking spaces (9 ft wide + 5 ft access aisle) available and clearly marked near the entrance?
- ☐ Are paths from parking/street to entrance smooth, debris-free, and wheelchair accessible?

### ROUTE OF TRAVEL

- ☐ Is the meeting location accessible by public transit with a clear, stair-free path?
- ☐ Are walkways well-lit, free of obstacles, and detectable by mobility aids?

### ENTRANCE & BUILDING ACCESSIBILITY

- ☐ Is there a step-free, clearly marked entrance with accessible ramps/lifts and a door at least 32" wide?
- ☐ Are assistive features (e.g., railings, lift keys, automatic doors) functional and easy to locate?

### INSIDE THE BUILDING

- ☐ Can someone in a wheelchair navigate from the entrance to the meeting room independently?
- ☐ Are hallways wide (32") and clear, with adequate lighting for those with low vision?

## **RESTROOMS**

- ☐ Is there an accessible restroom with maneuverable space, grab bars, and easy-to-use fixtures?
- ☐ Are there gender-neutral bathrooms?

## **MEETING ROOM ACCESSIBILITY**

- ☐ Is seating spaced for wheelchair access and adaptable for various needs?
- ☐ Are lighting and materials accessible to those with sensory, vision, or hearing challenges?
- ☐ Is there space and visibility for interpreters and assistive tech (e.g., captions, devices)?
- ☐ Are greeters or members available to assist and orient new attendees?

## **NEURODIVERGENCE & SENSORY ACCESSIBILITY**

- ☐ Is a quiet, low-stimulation space available for those needing a sensory break?
- ☐ Are meeting formats structured, predictable, and inclusive of alternate ways to participate?
- ☐ Are accommodations like fidgets, agendas, or noise-reducing tools offered or welcomed?
- ☐ For those who feel uncomfortable reaching out to a sponsor or going to Fellowship – is there social support to provide that helping hand?
- ☐ Is there an attitude of acceptance at the meeting for neurodivergent people to “unmask” and be themselves? This can look like the ability for members to get up and move around, have repetitive movements, sounds, behaviors, etc. without judgment.

## **CHILDCARE & FAMILY ACCESSIBILITY**

- ☐ Is childcare provided, or is there a child-friendly area where parents can attend with children?
- ☐ Are virtual options offered for those without access to childcare?
- ☐ Are parenting alcoholics supported with resources or literature?

## **VIRTUAL & HYBRID ACCESSIBILITY**

- ☐ Are virtual or hybrid meetings available and fully inclusive of remote participants (e.g., voting, sharing)?
- ☐ Are captions, tech support, and remote sponsorship/service options offered?

## LANGUAGE & COMMUNICATION ACCESSIBILITY

- ☐ Is literature offered in relevant languages, and are interpreters or bilingual members available?
- ☐ Are alternate formats (digital, audio, large print) available for those with communication needs?

## GENERAL ACCESSIBILITY CONSIDERATIONS

- ☐ Are accessibility needs discussed regularly in group conscience and supported by a point person or committee?
  - ☐ Has the group surveyed members for barriers or improvement ideas?
  - ☐ Are emergency exits and safety procedures accessible to everyone?
  - ☐ Is your meeting listed as accessible on the local A.A. website? Are these accessibility accommodations listed in the “notes” section of the meeting website listing?
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Additional information about Accessibilities and setting up your meeting space may be available from your district or area Accessibilities Committee or your local intergroup/central office. You may also want to search the internet for a variety of Accessibilities Guides and information. In addition, the following accessibilities service materials are available on our A.A. website at [www.aa.org](http://www.aa.org).

1. A.A. Guidelines — Accessibility for All Alcoholics (MG-16)
2. A.A. Guidelines — Sharing the A.A. Message with the Alcoholic Who Is Deaf (MG-13)
3. Making the A.A. Message Accessible (F-107)