Introduction

ALCOHOLICS ANONYMOUS first published Twelve Steps and Twelve Traditions in 1953. Bill W., who along with Dr. Bob S. founded Alcoholics Anonymous in 1935, wrote the book to share 18 years of collective experience within the Fellowship on how A.A. members recover, and how our society functions.

In recent years some members and friends of A.A. have asked if it would be wise to update the language, idioms, and historical references in the book to present a more contemporary image for the Fellowship. However, because the book has helped so many alcoholics find recovery, there exists strong sentiment within the Fellowship against any change to it. In fact, the 2002 General Service Conference discussed this issue and it was unanimously recommended that: “The text in the book Twelve Steps and Twelve Traditions, written by Bill W., remain as is, recognizing the Fellowship’s feelings that Bill’s writing be retained as originally published.” However, with a focus on inclusivity, the 2021 General Service Conference updated and footnoted some of the original language for clarity.

We hope that the collective spiritual experience of the A.A. pioneers captured in these pages continues to help alcoholics and friends of A.A. understand the principles of our program.