Let’s Be Friendly with Our Friends
Some Facts About A.A.

A began in 1935 – with one alcoholic, Bill W., talking to another alcoholic, Dr. Bob S. The spirit at that meeting is the same spirit that still holds A.A. meetings together in approximately 180 countries.
The A.A. Program of Action

- A way to stop drinking and stay stopped
- A.A.'s suggested Twelve Steps are the program of recovery
- The Steps are based on the experience of early A.A. members
A.A.’s Spirit of Service

members help other alcoholics in order to help themselves.
A.A. Unity

A.A.’s Twelve Traditions ensure unity and act as a guide for members, groups, and the Fellowship as a whole.
A.A.’s Twelve Traditions

A.A. is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.
What Does A.A. Do?

- A.A. offers a Twelve Step program of recovery
- Groups put on A.A. meetings
- A.A. members share their experience
- Local committees carry the A.A. message
What Does A.A. Not Do?

- Solicit members
- Make medical diagnoses
- Provide hospitalization or drugs
- Keep attendance records/case histories
- Offer religious services
- Address prevention, treatment, advocacy or legislation
Singleness of Purpose

- A.A.’s focus is on recovery from alcoholism
- Anyone may observe open meetings
- Closed meetings are for those with a drinking problem
- Anyone with a desire to stop drinking may become an A.A. member
- A.A. members bring meetings into correctional and treatment facilities
Information for Professionals

A Message to Corrections Professionals...

If You are a Professional...

AA as a Resource for the Health Care Professional

Is there an Alcoholic in the Workplace?

Members of the Clergy ask about Alcoholics Anonymous

Alcoholics Anonymous wants to work with you

This is A.A. General Service Conference-approved literature
Walking the Walk

Stationed far from home, and with drinking all around her, a newcomer calls upon her AA tools to stay sober another day.

GRAPEVINE/LA VIÑA
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A.A. and Professionals

Mental Health Provider  Supervisor  Physician  Union Representative
Clergy  Social Worker  Coach  Educator  Judge  Military Leader  Nurse
Physician Assistant  Employee Assistance  Corrections Officer

PROFESSIONAL
Proof of Attendance at A.A. Meetings

Sometimes a referral source asks for proof of attendance at A.A. meetings.

- Groups cooperate in different ways. There is no set procedure. The nature and extent of any group's involvement in this process is entirely up to the individual group.

- Some groups with the consent of the prospective member, have an A.A. member acknowledge attendance on a slip that has been furnished by the referral source. The referred person is responsible for returning the proof of attendance.
How Can You Cooperate with A.A. to Help your Patients/Clients?

- Maintain contact with the local A.A. community
- Observe open A.A. meetings
- Read A.A. literature and view pages/videos on www.aa.org directed to professionals
- Subscribe to About A.A. newsletter (free) / Grapevine or La Viña magazines (cost)
- Contact the General Service Office to get connected with local A.A.s