Money and Spirituality Can Mingle—in A.A. Giving

A longtime member recently took stock of her A.A. giving: “You know, as I was planning my Christmas shopping this year, I realized how much more I spend on gifts now than I did when I came into A.A., more than 20 years ago. I compared that with what I put in the basket at meetings, and I still give the same dollar bill—only today it’s worth less. That was quite a revelation to me, and now I’ve begun putting at least two dollars in the hat at every meeting.”

In these days of galloping inflation, with most groups paying high rents (and coffee prices), it’s easy to lose sight of the impulse to give. Yet many A.A.’s are tossing more into the hat, and at the holiday season, groups often make a point of showing their gratitude by extra gifts of money, as well as time and service.

November and December business meetings frequently discuss additional contributions in gratitude to service entities such as intergroups, area committees, and G.S.O. Special thank-you checks also go to non-A.A.’s who help by setting up meeting rooms, making coffee, or performing other services in churches and other meeting places.

And holiday parties are part of the season’s giving, though members usually make special donations of food, time, or money—rather than taking funds from group treasuries for social events.

One New York City group holds an annual Thanksgiving Day buffet for A.A.’s who are alone on that day. And all over North America, group Christmas and New Year parties help members, new and old, get through the often-difficult holiday blues.

The holidays, though, are only one special time for giving. In reality, it’s what we do all year round. Increasingly, A.A.’s are realizing that money is not a dirty word. Money and spirituality do mix, and gifts of money are one of our most

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Sponsorship Today—What’s Your Experience?

True or false?
1. Sponsorship is not needed as much these days. T__ F__
2. Newcomers suffer most from lack of sponsorship. T__ F__
3. The “voice of the group conscience” of A.A. (the General Service Conference) is not concerned with personal sponsorship. T__ F__

Ask our G.S.O. visitors. Look at our mail from you. Check the Conference Reports of the past several years. You’ll find resounding “False!” answers to all three.

And you’ll find an overwhelming consensus that . . .
1. Sponsorship is needed now more than ever, because treatment centers, industry programs, and others are now sending so many ready prospects to A.A.

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THE MESSAGE IS HEARD
ON A.A. TAPE CASSETTES

A letter from Madison, Wis., prompted the thought that a listing of taped materials would be useful.

"Thank you so much for getting the Big Book on tape. I have trouble with my reading, and have been trying for three years to read the Big Book. Most of what I have gotten from it has come through meetings and marathons. Thank God for people who can and do read and in turn go and speak of it to others like me. Please send me one set of tapes of the Big Book."

Should you, too, want tapes of A.A. materials, for yourself or a friend, cassettes now available from G.S.O. are: "Three Legacies, by Bill" ($3.50); "Voices of Our Co-Founders" ($3.50); "Bill Discusses the Twelve Traditions" ($3.50); and "Alcoholics Anonymous" (first 11 chapters, first two stories—$25). All are listed on the Fall 1980 Literature Order Form.

SPONSORSHIP TODAY
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2. The sober members not sponsoring newcomers are the people in most danger of losing—both one of the greatest protections against slips, and the great rewards of Twelfth Step work.

3. At our Conference for some years now, the question of "declining sponsorship" has been seriously discussed at length under various headings, its reports show.

Those who feel uneasy are not just some bleeding-deacon oldtimers bleating that the "good old days" were better. On our A.A. trips, we at G.S.O. hear the same concern voiced by A.A.'s in various places, in several ways.

It is sad to report that some professionals working with alcoholics raised the same subject. None of us in A.A. has any business criticizing other A.A.'s, of course. But we may be hearing one of the most serious criticisms ever aimed at our beloved Fellowship when a doctor in a clinic or rehab center asks, "Why can't we get local A.A.'s to help our patients?"

We have been told that newcomers are not welcome in a few meetings if the prospects are known to come from a hospital alcoholism unit.

Perhaps some members are not aware of the early A.A. experiences in Akron City Hospital, Towns Hospital, and others.

At one of the summer schools on alcoholism, a counselor said that when she asked A.A.'s to sponsor clients from her agency, the answer was: "You do it. After all, that's what you're paid to do."

That counselor is not paid to take A.A.'s Twelfth Step (or Third, Fifth, Ninth, or any of the others). We do not know whether or not she is in A.A. But if she is, she takes the Steps for her own recovery, as all the rest of us do—not because anybody pays her to do so. A.A. is nonprofessional, of course; but treatment agencies are not.

So what can we do to provide our unique help and guidance to the thousands of prospective new A.A.'s, detoxed and ready to learn, referred to our groups each year?

Do we still remember what Bill W. discovered when he wanted a drink in the Mayflower Hotel in Akron that Saturday in May 1935? He remembered the effect on him when he had visited patients at Towns Hospital, although none of them had seemed ready to sober up—yet. That effect was crucial in his own recovery. "The only way to keep it is to give it away," as we have all heard many times.

Do we remember how Dr. Bob repeatedly "treated" himself when he got edgy and felt he wanted a bit o' grog?

One member we know recommends to all newcomers that they read especially Chapter Seven in the Big Book. (It begins, "Practical experience shows that nothing will so much insure immunity against drinking as intensive work with other alcoholics.") Later, he gives them copies of our pamphlets...
“How A.A. Members Cooperate” and “A.A. in Treatment Centers.”

Any A.A. who has ever visited a bedridden alcoholic and seen that first timid shine of hope in a scared sick person’s eyes, cannot forget it.

If you have ever felt tears coming suddenly when you saw that same sick person clean, grinning, and chatting at a meeting a short while later...

Or felt that shiver of pleasure we get when a new person we have sponsored first leads or speaks at a meeting...

...You probably have many good experiences to share with the rest of us about sponsorship, so please write us about them soon.

Nobody — repeat, nobody — in A.A. can tell anyone else in A.A. what to do. No conference, no committee, no office, nor anyone else. And we at G.S.O. would not have it any other way. But experiences can be shared — right? Ask your group. Ask all your A.A. friends.

Do you think sponsorship in A.A. is important? What can be done to maintain or improve it?

BEGINNERS MEETINGS
ROUSE READER ENTHUSIASM

The article on beginners meetings in the April-May issue sparked a good deal of interest and response. A sampling of letters includes notes on a beginners group that recently celebrated a first birthday, and another that has an especially well-organized approach we want to share.

From Vero Beach, Fla., Jean R. tells us: "It is a rough jolt to find out about living a life without alcohol or mood-changing drugs, and the newcomer needs warmth and love in the beginning. We opened our beginners meeting on this premise, offering sponsorship and a monthly leader who, we feel, can carry the message in a warm and joyous manner. It has worked!

“'We celebrated the first birthday of our beginners group recently in conjunction with the birthday of one of our older members who spearheaded it. Half the birthday cake was dedicated and decorated for the beginners, and half for the 'older guy.' To share a birthday cake, no matter how many hours of sobriety, was a great event to both the newcomers and the older members. We carried the birthday cake, all lit with the appropriate number of candles, from our room to theirs next door. Their surprised happiness was a joy to all of us,
SOME TIPS TO PERK UP SHARING

Guest speakers have made for lively interest at district sharing sessions, according to Frank and Lejeune D., both district committee members (D.C.M.'s). Presentations were made by past delegates, area officers, and D.C.M.'s from outside the area who had not been heard locally before. Gifts of Grapevine subscriptions (when the Grapevine representative was discussed) and coffee breaks also helped.

One session was “Become an Informed Group Secretary,” with presentations on A.A. structure and, especially, the G.S.R. This was set up particularly for members whose experience has been mostly limited to group affairs. Among materials distributed were local items prepared especially for group secretaries, the leaflets “Circles of Love and Service,” “G.S.R.,” and “Self-Supporting? The 60-30-10 Plan,” and the pamphlet “The A.A. Group.”

NEW RECOGNITION OF ALTERNATES

Although often unseen and rarely heard, alternates for all service jobs are more and more recognized as being important—even essential.

Often, when a delegate or area committee chairperson has suddenly become ill, a good alternate who was working with the incumbent has stepped right in and kept service activities moving smoothly. General service representatives, district committee members, and others sometimes have to move away or resign for other reasons, so it helps when they, too, have knowledgeable, experienced standbys.

Reflecting increased appreciation of the vital roles alternates can play, the 1980 Conference recommended new material on them for the 1980-81 edition of “The A.A. Service Manual” (to become available by the end of this year). Additions in four places will advise that “alternates should be encouraged to assist, participate, and share in responsibilities” of each job concerned, “where feasible, depending on local needs.” (On pp. 48-49 of the 1980 Final Conference Report, Advisory Actions 55 through 59 give the complete wording of added or changed material.)

Local autonomy, of course, determines whether alternates become voting members at committee and area business meetings. But has your area explored all the possibilities of utilizing alternates?

'DOES YOUR COMMUNITY NEED A C.O.?'

If you've ever wondered how a new central office (C.O.) gets started, the experience of the Worcester (Mass.) Intergroup should help. George Y. talked about it in a workshop at the 1980 Convention:

“Worcester and surrounding towns represent nearly 400,000 people, and had been served by the Boston Intergroup. Many alcoholics did not call, because it was an expensive toll call. In summer 1972, we discussed the possibility of our own central office. We called G.S.O. and received encouragement and help, including the central office Guidelines and suggestions from the Traditions and Concepts.

“We held a meeting, with all groups invited to send a delegate and alternate. Asked whether there was a need, they responded with a resounding yes.

“A meeting was set up with the Boston Central Service Committee; problems were discussed and

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tentative boundaries set up. We secured an answering service, and delegates brought in names for a Twelfth Step list.

"Groups pledged contributions; an office location committee was formed; officers and committees were elected; bylaws were put together; and purposes were stated. The location committee leased space, and with donations of time and talent from members, the office was ready by December 1974.

"The office is now staffed with one paid full-time worker, and the original 40 or 50 calls per month have grown to well over 500. Elections are held yearly for trusted servants, and there are several functioning committees.

"We can't recommend enough the importance of communication with G.S.O., the use of Guidelines, and the principles of unity, responsibility, sharing, and rotation."

A.A. GIVING
(continued from p. 1)

important expressions of gratitude and responsibility.

Responding to this growing awareness of financial responsibility, service workers are making an effort to see that members are aware of the needs. The Washington Area Intergroup Association has found an effective way to help groups make decisions about contributions. Office manager Jim M. writes:

"About a year ago, the W.A.I.A. put together a form for group contributions. Because of the nature of our illness, many of us who have been elected treasurer of a group never had a bank account while drinking. For nearly all of us, management of money was a mess. The purpose of this form is to simplify the treasurer's job. It also provides a simple, convenient form for his or her records. Distribution is made to all groups as an insert with the minutes of monthly intergroup meetings.

"Both the W.A.I.A. and the Washington area assembly have reported healthy increases in contributions since we have been using the forms. We believe that G.S.O. is benefiting proportionately, too. Two other intergroups, in St. Paul, Minn., and Wilmington, Del., have been using the same form."

Quarterly acknowledgments (clearly stating, "This is not a bill") go to each group, listing its contributions for the past four years. If the group has not contributed, the acknowledgment includes an offer to attend a group meeting and discuss whether the intergroup is giving adequate service.

Area service committees are adopting a similar approach. From Northern Illinois, Myrtle E. writes about a letter sent to all groups, along with a copy of the "60-30-10" pamphlet. She tells us that the letter outlines some of the services performed by the area committee, and it goes on to say:

"While adequate funds for these services are necessary, it is even more vital that members contribute their own time and effort to carry the message. Please be sure your group's members who are willing to do such service work are listed with their service committees. Remember, our gift is unique! No one else can carry our message as effectively as we can."

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A.A. GIVING
(continued from p. 5)

At the Sixth World Service Meeting in June 1980, delegates from all over the A.A. world heard presentations on finance, and problems that came up were reminiscent of those that prevailed in A.A.'s early days in North America. A European delegate, for example, told the W.S.M.:

"We assume that there are considerable sums from individual cities, regions, or intergroups that are lying dormant in cigar boxes, coffee cups, cupboards, or savings accounts. The willingness of groups to finance the central funds is diminishing. They argue for an increasing preoccupation with 'local activities.'"

"In addition, there is an information deficit. The groups are not clear as to the reasons for payments to the central funds. It will certainly be a long time until the arguments explaining the Fellowship overheads reach the individual A.A. members by way of the delegates.

"However, I don't want to tell you my tale of woe. Apart from some indisputable bottlenecks, our financial situation is healthy. It is healthy because our real capital is a spiritual program. This form of capital is not affected by exchange rates or inflation. We take in interest each day, richly, through hundreds of meetings."

WORLDWIDE NEWS FROM G.S.O.'S MAILBAG

A first in Great Britain

An A.A. group for deaf alcoholics has been started in Glasgow, Scotland, David P. of London, England, writes us.

He says a visit to G.S.O. in New York inspired him to equip himself for offering help to any such groups that might start in England. He took a crash course in signing at Oxford as soon as he got home, then enrolled for a long course in London after encouragement from officials of royal societies concerned with the deaf and from a nonalcoholic social worker.

David has asked U.S. and Canadian groups for the deaf to share experience with him.

Warm hearts, we know—but who has the coldest hands?

We've learned of three more A.A. groups that may be the farthest north on earth.

In our April-May issue ("Cold feet, warm hearts"), we said Irish C. wondered if the Prudhoe Bay "Polar Bears" was the northernmost A.A. group.

Hans F. has written from Norway's G.S.O. in Oslo about the Kirkenes and Tromsö groups, where there is midnight sun all summer long.

John D. dropped a note about the Top of the World Group in Canada's Northwest Territories, only 400 miles from the North Pole.

Ice cubes, anyone?

P.I. SPEAKING BRINGS 'HIGH OF REACHING OUT'

"When I left that school that morning to go back to my job, I felt reaffirmed and worthwhile, bounding along with the high of reaching out to others."

That's what Jack L. wrote to the Philadelphia A.A. Intergroup newsletter after he fulfilled a speaking commitment for the local Public Information (P.I.) Committee.

"It is an adventure," he continued, "for those of us who choose the healthy excitement of carrying the message."

Almost all A.A.'s who have done such P.I. work agree. Their eyes sparkle; then, they look serious as they tell you about one or two students who waited to get them alone, to ask "a very personal question."

As Jack pointed out, "Our goal, of course, is that the students will in turn reach out to problem drinkers they may know—perhaps in their own homes."

Thousands of requests for such P.I. speakers come to A.A. central or intergroup offices (C.O.'s) in the U.S. and Canada every year. Qualified new members to join the speaking teams are always welcome.

However—we do not suggest you dash out right now to get yourself booked into a school auditorium. We all need to know, first, what A.A. experience has taught for over 40 years about this kind of message-carrying. Tips in our pamphlet "Speaking at Non-A.A. Meetings" are drawn directly from that long experience.

We can also learn from the mistakes and successes of others by contacting the local P.I. committee. (If you live near a large C.O. or intergroup office, call it. In some places, P.I. work is handled through the area general service committee.)

Assignments are usually rotated, and most P.I. committees, we believe, get their panels of speakers together periodically to share experience. They tell each other how they have learned to handle tricky questions, what subjects to avoid, and how to stay within the A.A. Traditions of anonymity, primary purpose, nonprofessionalism, nonendorsement, nonaffiliation (and nonopposition!), self-support, and avoidance of public controversy.

Among the latest tools your P.I. committee can furnish you is the new leaflet "A Message to Teenagers." A.A.'s General Service Conference recommended this after it was suggested by the Conference P.I. Committee as an item needed for free distribution to P.I. speakers and to teenagers themselves.

The leaflet uses drawings from our pamphlet "Too Young?" Answers to its 12 simple questions may tell when drinking is becoming a problem.
Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.’s. But many of us have enjoyed the happiest holidays of our lives sober — an idea we would never have dreamed of, wanted, or believed possible when drinking.

Here are some tips for having an all-round ball without a drop of alcohol.
1. Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.
2. Be host to A.A. friends, especially newcomers.
3. Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes — postpone everything else until you’ve called an A.A.
4. Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you’re timid, take someone newer than you are.
5. Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.
6. If you have to go to a drinking party and can’t take an A.A. with you, keep some candy handy.
7. Don’t think you have to stay late. Plan in advance an “important date” you have to keep.
9. Don’t sit around brooding. Catch up on those books, museums, walks, and letters.
10. Don’t start now getting worked up about all those holiday temptations. Remember — “one day at a time.”
11. Enjoy the true beauty of holiday love and joy. Maybe you can’t give material gifts — but this year, you can give love.
12. “Having had a . . .” Need to spell out the Twelfth Step here, since you already know it.

A.A. DIRECTORIES ARE MORE THAN TRAVELERS’ AIDS

If your name is listed as a group contact in one of the directories, you have a special opportunity, not only to be of service to traveling members, but also to do a different kind of Twelfth Step work.

These days, more and more treatment centers are eager to cooperate with A.A., and to make sure alcoholics have a definite A.A. contact on release from treatment. Many facilities get in touch with local A.A.’s and ask them to arrange temporary sponsorship for new people.

But what about, say, the woman from a small town in Vermont who goes to the Midwest for treatment? When such a person leaves treatment, the facility will sometimes turn to the directories for help. A Vermont A.A. could well receive a letter or phone call asking his or her help in making sure that the new person gets to meetings right away.

Occasionally, we receive letters here at G.S.O. from members who ask whether this practice is a misuse of the directories. Well, not so. Whenever a treatment center requests a copy of the directory, the request is relayed to the area delegate for approval, which is usually given, in the traditional A.A. spirit of cooperation with professional friends.

A new group wishing to be listed in the directory fills out a form that asks whether the group wishes to be listed as a Twelfth Step contact. Any group, or individual contact, can choose not to be listed. But the great majority do choose to be included, as a means of carrying the message.

PLANNING A FEBRUARY OR MARCH EVENT?

Please be sure to send your information on February or March events for A.A.’s in time to reach G.S.O. by December 15. This is the calendar deadline for the February-March issue of Box 4-5-9 (to be mailed January 15).

Naturally, G.S.O. cannot check on all the information submitted. We must rely on local A.A.’s to describe the events accurately.

CALENDAR OF EVENTS

DECEMBER
5-7 -- Jacksonville Beach, Florida. Fifth Annual N. Fl./S. Ga. Gratitude Weekend. Write: Gratitude Weekend, 1201 N. First St., Jacksonville Beach, FL 32250
5-7 -- Del Rio, Texas. Border Conf. Write: Ch., P.O. Box 1442, Del Rio, TX 78840

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DECEMBER
(continued)
23-25, 30-Jan. 1 – Belmont, California. Sixth Annual Holiday Alkathons. Write: Ch., P.O. Box 1176, El Granada, CA 94018
25 – Toledo, Ohio. Area Gratitude Mtg. Write: Gratitude Mtg., 1711 Navarre Ave., Toledo, OH 43605
31-Jan. 1 – Detroit, Michigan. Eighth Annual Alkathon. Write: Ch., 634 Lakewood Blvd., Detroit, MI 48215
31-Jan 1 – Deer Park, New York. 24-Hour Alkathon. Write: Ch., P.O. Box 155, Deer Park, NY 11729

JANUARY
2-4 – South Padre Island, Texas. Lower Rio Grande Valley Jamboree. Write: Ch., P.O. Box 3383, Brownsville, TX 78520
9-11 – Raleigh, North Carolina: 14th Annual Tar Heel Midwinter Conf. Write: Ch., P.O. Box 18412, Raleigh, NC 27619
9-11 – Liberal, Kansas. 11th Annual S.W. Kansas Conf. Write: Secy., P.O. Box 702, Ulysses, KS 67880
16-18 – Galveston, Texas. 19th Annual Area Conf. Write: Conf. Ch., 1711 24th St., Galveston, TX 77550
23-25 – Hilton Head Island, South Carolina. Midwinter Conf. Write: Ch., P.O. Box 3130, Hilton Head Island, SC 29928
24-26 – Bombay, India. Second Nat. Conv. Write: Ch., P.O. Box 6220, Bombay 400 010, India
30-31 – Blytheville, Arkansas. 24th Annual Tri-State Coon Supper. Write: Ch., P.O. Box 401, Blytheville, AR 72315
30-Feb. 1 – Calgary, Alberta, Canada. Second Annual Young People’s Conv. Write: Ch., P.O. Box 6744, Calgary, Alta. T2P 2E6
31 – Portsmouth, New Hampshire. Area Assy. Midwinter Banq. Write: Function Com., P.O. Box 4253, Manchester, NH 03108

CLOSED MEETING TOPICS
FROM THE GRAPEVINE

December: Four articles about the holiday season suggest a gratitude meeting, to explore ways in which sharing makes our new lives more meaningful; two on Step Six can be useful in a discussion of willingness to change vs. justification of character defects; “I Thought I Was Different” can be a springboard for a meeting on our slogan “Live and Let Live.”

January: Start the New Year appropriately with the leadoff article on another slogan, “First Things First”—applying it to the Steps and our lives in sobriety; after reading “Traditions at Work” and “Principles of Anonymity,” discuss the importance of the Traditions in both group service and our personal lives; examine a vital element of our program from the fresh viewpoint of “Getting Honest With Ourselves,” which asks whether we really “say what we do” and “do what we say.”